

香港公教婚姻輔導會

婚姻輔導服務

使命宣言

我們本著專業精神，不分宗教、種族，
促進美滿婚姻、幸福家庭，
以關愛及信念豐盛生命、服務人群。

服務宗旨

婚姻輔導服務旨在協助正處於婚姻困境的夫婦，化衝突為共融，邁向健康、滿足的親密關係。

服務內容

輔導員以面談形式與夫婦共同探討及處理婚姻關係中所遇到的問題，輔導過程包括：

- 調節夫婦彼此的差異及協調雙方的衝突
- 處理面對婚姻問題所產生的情緒困擾（如抑鬱、憤怒、焦慮等）
- 治療婚姻中的創傷（如婚外情、經濟危困、姻親衝突等）
- 增強夫婦溝通的能力
- 重建夫婦親密關係
- 促進夫婦達至和諧共處

服務對象

正面對婚姻問題的夫婦

服務地點

香港皇后大道中 181 號新紀元廣場低座 101 室

輔導服務辦公時間

星期一至五：上午 9 時至下午 5 時

星期六：上午9時至中午12時

星期日及公眾假期休息

(如需要在非辦公時間預約輔導服務，可作另行安排。)

電話：2810 1104

輔導員簡介

本婚姻輔導服務的輔導員皆為註冊社工，曾廣泛接受有關婚姻輔導及家庭治療之專業培訓，並累積多年從事婚姻輔導的實務經驗。

華吳潔玲女士

社會工作學士

註冊 FOCCUS 促進員

認可自然家庭計劃(體溫黏液法)導師

註冊社工

華吳潔玲女士現職香港公教婚姻輔導會婚姻及家庭輔導員，從事個人及婚姻輔導工作達十年。她現同時專責天主教教友方面的婚姻及家庭輔導服務。為回應社會中親職教育的需要，她近年致力提供父母親職教育服務。

由 2007 年起，華太跟隨葛林堡教授學習情緒取向治療，並已完成兩年情緒取向治療(個人及夫婦治療)之專業訓練。

李慧芝女士

社會科學碩士（婚姻及家庭治療）

李女士現於香港公教婚姻輔導會輔導及培訓中心任職婚姻輔導員，她從事個人及婚姻輔導工作達六年。由 2013 年起，李女士跟隨劉婷博士學習情緒取向治療及接受臨床督導，並已完成情緒取向治療之初階及進階認證訓練。李女士致力推廣美滿婚姻，幫助夫婦建立具安全感和情感連結的親密關係。

Ms LI Wai Chi Doris

M. Soc. Sc. (Marriage and Family Therapy)

Ms. Li was a marriage counsellor in The Hong Kong Catholic Marriage Advisory Council. She has six years of marriage counselling experience. Since 2013, she has been learning Emotionally Focused Therapy (EFT) and was clinically supervised by Dr. Liu Ting. She has also completed the externship and core skill training of EFT. Ms. Li is devoted to promoting happy marriage and helping couples to develop secure intimate relationship.

謝龍騰先生

婚姻及家庭治療師

謝龍騰先生現於香港公教婚姻輔導會輔導及培訓中心任職婚姻及家庭治療師，從事個人、婚姻及家庭輔導工作至今近二十年。謝先生在香港浸會大學取得社會工作學士，其後在美國南康涅狄格州立大學獲取家庭治療碩士，同期完成兩年完形治療訓練。他獲得 AAMFT 美國婚姻及家庭治療協會之核准督導及臨床院士的專業資格。由

2004 年起，謝先生跟隨 Professor Leslie Greenberg, Dr. Rhonda Goldman 和 Dr. Alberta Pos 等人學習情緒取向治療及接受臨床督導；謝先生獲取 ISEFT 認可情緒取向治療培訓導師(個人治療) 及 ISEFT 認可情緒取向治療師(個人治療)的資格，亦是一位認可情緒取向婚姻治療師及導師。

Mr. Jay Tse

Marriage and Family therapist

Mr. Jay Tse is a marriage and family therapist at the Counselling and Training Centre of The Hong Kong Catholic Marriage Advisory Council. He got a Bachelor of Social Work degree at Hong Kong Baptist University in Hong Kong. In addition, he earned a Master of Family Therapy degree and completed two-year training in Gestalt Therapy at Southern Connecticut State University, United States. He is a Clinical Fellow and Approved Supervisor of the American Association for Marriage and Family Therapy. Also, he is a Registered Social Worker, Certified Sex Therapist, and an Accredited Family Mediator and Family Mediation Supervisor in Hong Kong.

Mr. Jay Tse has been trained in Emotion-Focused Therapy with Professor Leslie Greenberg since 2004, as well as receiving training from Dr. Serine Warwar, Dr. Wanda Malcolm, Dr. Alberta Pos, and Dr. Rhonda Goldman over the years. He is a Certified EFT Trainer (Individual Therapy) and a Certified EFT Therapist (Individual Therapy) recognized by the International Society for Emotion Focused Therapy (ISEFT). Also, he is an EFT Training Facilitator (Couple Therapy) and an Emotion-Focused Couple Therapist certified by the EFT Clinic, York University, Toronto, Canada and HKCMAC. Mr. Tse has been involving in the module workshops and supervision groups in the yearly Training Programs in EFT since 2007.

魏安儀女士

註冊社工

社會工作學士

FOCCUS 婚前準備協調員

DISC 行為取向顧問

親職協調證書課程

兒童為本遊戲治療證書

靜觀認知治療八星期課程

情緒取向治療一年制證書課程(個人)

情緒取向治療一年制證書課程(夫婦)

魏女士現職香港公教婚姻輔導會婚姻及家庭輔導員，擁有 10 年以上輔導服務經驗。輔導服務以外，她於嬰幼兒及親職教育方面亦有豐富經驗，多次到學校進行家長講座及舉辦親子小組，善於教授家長運用故事及遊戲明白孩子。

Ms Annie is currently working with CMAC as a Marriage & Family Counsellor, she has over 10 years of counselling experience. Apart from counselling service, Annie also experienced in parenting education, teaching parents using play and read-aloud to build up positive relationship with their children.

Ms Annie, Ngai On Yi

Registered Social Worker

Bachelor of Social Work

(Hons) FOCCUS Facilitator

DISC Certified Behavioural

Consultant Parenting

Coordination Training

Child-Centered Play Therapy Certificate

8 weeks of Mindfulness-Based Cognitive Therapy (MBCT)

Certificate One-year Training Program in Emotion-Focused

Therapy for Individuals One-Year Training Program in

Emotion-Focused Therapy for Couples